Physiotherapy in Calgary – The Ultimate Guide to Pain Relief & Recovery

About Pro Motion Calgary

Pro Motion Calgary is a leading multidisciplinary clinic located in Calgary, Alberta, offering comprehensive rehabilitation and wellness services.

Contact Information

- Address: 11012 Macleod Trl SE #403, Calgary, AB
- Phone: 403-452-5450
- Website: https://www.promotioncalgary.com/

Are You Dealing with Pain or Injury?

Common Symptoms We Treat

- Persistent back or neck pain
- Limited mobility or stiffness
- Sports-related injuries
- Post-accident pain (MVA injuries)
- Headaches or concussion symptoms

If left untreated, these conditions can worsen over time and impact your daily life.

What Is Physiotherapy and How Does It Help?

Key Benefits of Physiotherapy

- Reduces pain and inflammation
- Improves mobility and flexibility
- Strengthens muscles and joints
- Prevents future injuries

Physiotherapy is a non-invasive, evidence-based treatment designed to restore function and improve overall quality of life.

Conditions We Treat at Pro Motion Calgary

Pain & Injury Treatments

- Back and neck pain
- Sciatica
- Shoulder, knee, and joint pain

Specialized Rehabilitation

- Sports injury recovery
- Motor vehicle accident (MVA) rehabilitation
- Concussion management

Advanced Therapies

- Pelvic floor physiotherapy
- Clinical Pilates
- Shockwave therapy

Our Integrated Approach to Recovery

Multidisciplinary Services

At Pro Motion Calgary, we combine multiple treatments for faster and more effective results:

- Physiotherapy
- Chiropractic care
- Acupuncture
- Massage therapy
- Injection therapy

Why Choose Pro Motion Calgary?

What Sets Us Apart

- One-stop clinic for complete care
- Personalized treatment plans
- Direct billing available
- Same-day appointments
- Experienced healthcare professionals

What to Expect During Your Visit

Step-by-Step Process

1. Initial assessment
2. Accurate diagnosis
3. Customized treatment plan

4. Ongoing progress tracking

Start Your Recovery Today

Book Your Appointment

Take the first step toward a pain-free life.

- Call: 403-452-5450
- Book Online: https://www.promotioncalgary.com/

Clinic Hours

- Monday – Thursday: 7:30 AM – 8:00 PM
- Friday: 7:30 AM – 7:00 PM
- Saturday: 9:00 AM – 3:15 PM

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